

AAKAR PUBLIC SCHOOL



SUMMER

HOLIDAY

HOMework

Class - VII

SESSION:2025-26

The most waited time of the year is Summer Vacation; it's time for loads of fun, though we can't go out but we can engage ourselves creatively and will be able to look after our family members. We can also connect with our cousins and relatives virtually as we can't go to meet them.

During online classes, we have learning happening at all times, Summer Vacation can also be a time for learning with lots of activities around.

Here are a few tasks for you to complete during the vacation. Do remember to complete the given tasks after reading them carefully.

Some Tips to make this holiday special:

- Have a family dinner every day of the holidays.
- Play board games with your parents and siblings and show them who is the smartest.



Spend some quality time with an elderly person in the family



Some useful tips for Summer Vacation

Some dos and don'ts during Summer Vacation:

Do's

- ❖ Eat a nutritious diet with plenty of water. Include citrus fruits
- ❖ (orange, lemon, grapefruit) and vegetables which are rich in vitamin C, vitamin D containing foods (cheese, egg yolks) and zinc-containing foods (legumes, lentils, beans, and nuts).
- ❖ Wash your hands frequently, always with soap and water for at least 20 seconds or frequently use alcohol-based hand rub.
- ❖ Wear light cotton clothes.
- ❖ Protect yourself and others.
- ❖ Be a leader in keeping yourself, your school, family and community healthy.
- ❖ Cough and sneeze into a tissue or your elbow and avoid touching your face, eyes, mouth and nose.
- ❖ Share what you learn about preventing disease with your
- ❖ family and friends, especially with younger children.



Don'ts:

- ❖ Do not share cups, eating utensils, food or drinks with others.
- ❖ Do not have close contacts with a sick person.
- ❖ Do not participate in large gatherings.
- ❖ Do not touch your face, nose and eyes without washing hands.
- ❖ Don't dirty your place of living.
- ❖ Don't have junk food.
- ❖ Don't watch too much TV.
- ❖ Don't waste time being lazy.

SUBJECT: ENGLISH

Q1) Read the passage carefully and answer the questions that follow :-

William Wordsworth, the famous British poet, was one of the most important poets of the Romantic Movement in English Literature.

He was born on 17 April 1770, in the scenic region of north-west England called the Lake District. The beautiful landscapes of the region had an enduring influence on Wordsworth's imagination, creating in him, a love for nature. This can be seen in most of his poems. Wordsworth lost his mother when he was eight and at the age of thirteen, his father. Of his four siblings, Wordsworth was most attached to his younger sister, Dorothy. Several of his poems are addressed to his beloved sister.

Wordsworth began attending St John's College, Cambridge in 1787. He often spent his holidays on long walking tours, visiting places famous for the beauty of their landscape. In 1790, he took a nearly three-thousands-mile walking tour of Europe, during which he toured the Alps extensively, and also visited nearby areas of France, Switzerland, and Italy. The following year, he graduated from Cambridge without distinction.

In 1843, Wordsworth was made the Poet Laureate of England. A Poet laureate is the official poet of the King of England. By this time, Wordsworth was considered one of the greatest poets of his age. However, when his daughter Dora died in 1847, Wordsworth stopped writing poetry altogether. He died, three years later, on 23 April 1850.

Wordsworth was one of the first poets to actively reflect on the beauty and glory of nature and the power of imagination. His poems continue to be read all over the world by children and adults alike.

Q1 A) Answer the following questions briefly.

(i) Who was Wordsworth?

(ii) What developed in Wordsworth a love for nature?

(iii) How did Wordsworth spend his holidays?

(iv) What position of honour was given to Wordsworth?

(v) When did Wordsworth's daughter die? What was her name?

QB) Find words from the passage which mean the same.

(i) renowned (Para 1) _____

(ii) lasting (Para 2) _____

Q2) Read the following sentences and state their kind.

1. Where are you going? **Answer** _____

2. He took my pen. **Answer** _____

3. Bravo, you're doing great! **Answer** _____

4. Do it right away. **Answer** _____

5. She comes here every week. **Answer** _____

6. I don't run these days. **Answer** _____

7. She gave me her pen. **Answer** _____

8. What did you know? **Answer** _____

9. I have done that work. **Answer** _____

10. Give me your work on time. **Answer** _____

11. How brilliant! **Answer** _____

12. What a perfect plan! **Answer** _____

Q3) Separate the subject and the predicate in the following sentences.

1. Parents take care of their children.

Subject : _____

Predicate : _____

2. No man can serve two masters.

Subject: _____

Predicate: _____

3. The shepherd heard a barking sound.

Subject: _____

Predicate : _____

4. The boy stood on the burning deck.

Subject : _____

Predicate : _____

5. Smoking is injurious to health.

Subject : _____

Predicate : _____

Q6) Write a short paragraph in about 60-80 words on " The Rat's Feast " from the Story Book " The Best of Tagore "

ANSWER- _____

SUBJECT-HINDI

खण्ड-‘क’

प्रश्न-1 अपठित गद्यांश :-

अभ्यास के बिना जीवन में सफलता नहीं मिलती। पहली बार प्रत्येक कार्य कुछ कठिन लगता है। यदि व्यक्ति उस कार्य को कठिन समझकर बैठ जाता है तो उसे कभी भी नहीं कर सकता। अमेरिका के राष्ट्रपति ने अभ्यास-क्रम नहीं छोड़ा और एक दिन राष्ट्रपति पद प्राप्त कर लिया। यदि हम अभ्यास करना छोड़ देंगे तो सफलता हमें छोड़ देगी। मुहम्मद गौरी ने पृथ्वीराज चौहान पर विजय पाने के लिए 17 बार प्रयत्न किया और अंत में सफल हो गया। निरन्तर अभ्यास एक ऐसी कुंजी है, जो मनुष्य के लिए सफलता के द्वार खोल देती है। अभ्यास से विद्या अमृत बन जाती है तो बिना अभ्यास के विद्या विष का रूप धारण कर लेती है। जो मनुष्य अभ्यास नहीं करता उसके पास विद्या अधिक समय तक नहीं टिकती है। बहुत बड़ा गणितज्ञ भी यदि अभ्यास छोड़ देगा तो गणित उसे छोड़ देगा। खिलाड़ी यदि खेल का अभ्यास नहीं करेगा तो कभी भी कीर्तिमान स्थापित नहीं कर पाएगा। अतः अभ्यास अवश्य करना चाहिए।

(क) कठिन कार्य कैसे सरल हो जाता है?

.....

(ख) सफलता कब साथ छोड़ देती है?

.....

(ग) मुहम्मद गौरी ने पृथ्वीराज चौहान पर विजय पाने के लिए कितनी बार प्रयत्न किया?

.....

(घ) इस गद्यांश का उपयुक्त 'शीर्षक' लिखिए।

.....

खण्ड-‘ख’

प्रश्न-2 निम्नलिखित शब्दों के वर्ण विच्छेदन कीजिए :-

(1) ध्वनि

(6) डालियाँ

(2) निद्रित

(7) वृक्ष

(3) अमृत

(8) पैतृक

(4) सहर्ष

(9) विनिमय

(5) प्रत्यूष

(10) स्मृति

प्रश्न-3 निम्नलिखित शब्दों में उचित स्थान पर नुक्ता लगाइए :-

- | | | | |
|-------------|-------|---------------|-------|
| (1) इंतजार | | (6) आजादी | |
| (2) इत्तफाक | | (7) चीज | |
| (3) रफतार | | (8) जिंदगी | |
| (4) मजबूती | | (9) जोर | |
| (5) अंग्रेज | | (10) म्यूजियम | |

प्रश्न-4 निम्नलिखित शब्दों में अनुस्वार अथवा अनुनासिक लगाइए :-

- | | | | |
|--------------|-------|-----------|-------|
| (1) आगन | | (6) काच | |
| (2) इजन | | (7) पहुच | |
| (3) अदर | | (8) आदोलन | |
| (4) छुट्टिया | | (9) घूट | |
| (5) पद्रह | | (10) सदेह | |

प्रश्न-5 निम्नलिखित वाक्यों का अर्थ के आधार पर भेद लिखिए :-

- | | |
|---|-------|
| (1) आज बाज़ार नहीं खुलेगा। | |
| (2) स्वाति, तुम कहाँ जा रही हो? | |
| (3) वर्षा होने की संभावना है। | |
| (4) यदि खान-पान पर ध्यान दोगे, तो स्वस्थ रहोगे। | |
| (5) नववर्ष की हार्दिक शुभकामनाएँ। | |

प्रश्न-6 निम्नलिखित वाक्यों को अर्थ के आधार पर निर्देशानुसार परिवर्तित कीजिए :-

- | | |
|-----------------------------------|-------------------|
| (1) राधा ने भोजन नहीं किया है। | (प्रश्नवाचक) |
| | |
| (2) वह कक्षा में प्रथम आया है। | (विस्मयादिवाचक) |
| | |
| (3) अध्यापिका पढ़ा रही है। | (निषेधवाचक) |
| | |
| (4) हो सकता है, मैं घूमने जाऊँ। | (आज्ञावाचक) |
| | |
| (5) वर्षा होने पर फसल अच्छी होती। | (संकेतवाचक) |
| | |

प्रश्न-7 मूल शब्द एवं उपसर्ग अलग कर लिखिए :-

	शब्द	उपसर्ग	मूल शब्द
(1)	सहचर
(2)	गैरहाज़िर
(3)	चिरकाल
(4)	सपूत
(5)	अनादर
(6)	अत्यधिक
(7)	उत्कर्ष
(8)	स्वाधीन
(9)	अधखिला
(10)	परिवर्तन

प्रश्न-8 मूल शब्द एवं प्रत्यय अलग कर लिखिए :-

	शब्द	मूल शब्द	प्रत्यय
(1)	भूखा
(2)	छात्रा
(3)	मौसेरा
(4)	मिठास
(5)	स्मरणीय
(6)	रक्षक
(7)	मिलाप
(8)	प्यास
(9)	लिखावट
(10)	खिलौना

प्रश्न-9 रेखांकित शब्दों में क्रियाविशेषण का भेद स्पष्ट कीजिए :-

- (1) वह हर साल विदेश जाती है।
- (2) वह पास ही रहती है।
- (3) बस चलते-चलते अचानक रुक गई।
- (4) अब थोड़ा पढ़ भी लो।
- (5) हम लोग रोज़ फिल्म देखते हैं।

प्रश्न-10 रिक्त स्थानों की पूर्ति संबंधबोधक शब्दों से कीजिए :-

- (1) घर.....भीड़ इकट्ठी हो गई।
- (2) माँ.....बच्चे भी जा रहे हैं।
- (3) मेरे घर.....मंदिर है।
- (4) तुम्हारे.....कैसे काम चलेगा।
- (5) वह घर.....छुपकर बैठा है।

प्रश्न-11 निम्नलिखित वाक्यों में समुच्चयबोधक अव्यय छाँटिए :-

- (1) परिश्रम करो अन्यथा फेल हो जाओगे।
- (2) छाता था इसलिए बारिश से बच गए।
- (3) वह पढ़ता तो है परंतु पास नहीं होता।
- (4) या तो आप चलिए या अपने दोस्त को भेज दीजिए।
- (5) वे यहाँ रुके नहीं बल्कि चले गए।

प्रश्न-12 निम्नलिखित वाक्यों में उचित विस्मयादिबोधक शब्दों का प्रयोग कीजिए :-

- (1)यह गिलास कैसे छूट गया?
- (2)इसी तरह से काम करते रहो।
- (3)कितनी बदबू आ रही है।
- (4)तुमको नौकरी चाहिए।
- (5)कितनी सुंदर तस्वीर बनाई है।

प्रश्न-13 सही निपात चुनकर रिक्त स्थानों की पूर्ति कीजिए :-

(ही, भी, तो, तक, भर, मात्र)

- (1) तुमको.....यह काम करना पड़ेगा।
- (2) आप.....मेरे साथ चलिए।
- (3) मैंने यहाँ का स्टेशन.....नहीं देखा।
- (4) मैं.....उसे जानता.....नहीं हूँ।
- (5) मैं.....उससे बात करने से रहा।

प्रश्न-14 रेखांकित शब्दों में कारक का भेद स्पष्ट कीजिए :-

- (1) मेरे पर्स से पैसे गिर गए।
- (2) भैया ने प्रिया को नया कंप्यूटर दिलाया।
- (3) दादाजी गाँव से आ रहे हैं।
- (4) हम बस से पिकनिक गए।
- (5) यह उसकी साईकिल है।

प्रश्न-15 रेखांकित शब्दों में विशेषण का भेद लिखिए :-

- (1) कुछ लोग आपस में बातें कर रहे हैं।
- (2) अंजलि ने दो किलो अनार खरीदे।
- (3) हमें स्वच्छ वातावरण में रहना चाहिए।
- (4) कोई व्यक्ति चिल्ला रहा है।
- (5) यह कलम सुधा की है।

Q.2 FILL IN THE BLANKS

1. Zero is the smallest whole number but all _____ are smaller than zero.
2. If a is an integer, then $a + 0$ is _____
3. There are _____ pairs of integers satisfying $a+b=1$.
4. The absolute value of an integer is the numerical value of the integer without regard to its _____
5. Division of two negative integers is _____ integer.

Q.3 TRUE OR FALSE

1. Associative property of multiplication states that $(a \times b) \times c = a \times (b \times c)$ for integers
2. If we multiply (-1) , $3m$ times, where m is an odd natural number, we get 1.
3. The smallest negative integer is (-1) .
4. For every integer a , $a + a = 1$.

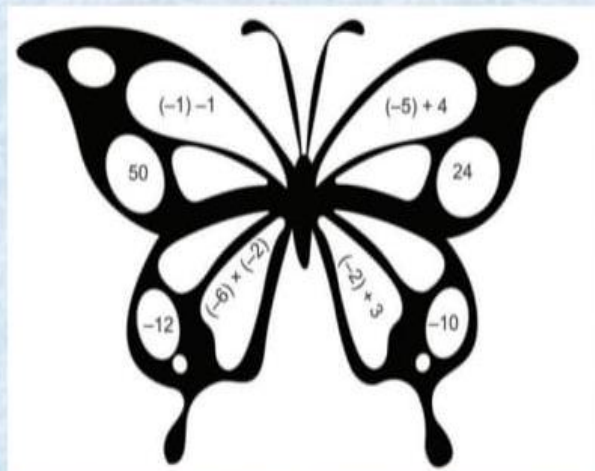
➤ **ACTIVITY I- ADDITION OF INTEGERS USING COLOURED BUTTONS-** Use different colours for representing different Integers and do addition of it. For more details , refer to this you tube link given below

<https://youtu.be/19MZRx5TNjM> -You Tube Link

ASSIGNMENT 2

Mathematical Literacy Book (Page 10)

Solve the questions in the image below. Next, identify the integers and then colour all sections with positive integers blue, and all sections with negative integers as red.



SUBJECT: SCIENCE

Task 1.

Make a video/PPT explaining the report on COVID-19 virus outbreak. You may include the following points.

- Causal organism
 - Origin
 - Mode of Transmission
 - Symptoms
 - Treatment
 - Preventive measures
 - Problems that India is facing while fighting against Covid-19.
 - Solution
 - Find some self-healing power and write various ways to boost your immune system.
- At the end, pen down a write-up on "Life after COVID-19 Era" .
- Design a poster to increase awareness among the people on COVID-19 and the precautions that should be taken to prevent it. Also give a catchy slogan.
 - Task 2.
 - Fabric Collage Creation
 - Collect as many different pieces and scrapes of fibres and fabrics. Now think of how you would like to present your collected fabrics innovatively as a collage on A-4 size sheet. Some ideas for your reference:



Worksheet 1

Question 1:

What are the components of food?

Question 2:

What is nutrition?

Question 3:

Why do plants and animals need nutrition?

Questions 4:

Write about autotrophs and autotrophic mode of nutrition? Give some example of autotrophs.

Questions 5:

Write about Heterotrophs and heterotrophic mode of nutrition? Give some example of Heterotrophs.

Question 6:

What are saprotrophs? Give some example of saprotrophs.

Questions 7:

Explain the process of photosynthesis?

Questions 8:

What are the factors essentials for the photosynthesis to take place? What are the end products made after photosynthesis?

Question 9:

What is chlorophyll and what is its function?

Questions 10:

What are stomata? Write about the function of stomata?

Question 11:

Fill in the blanks

1. gas absorbed from the atmosphere during photosynthesis.
2. element is needed in addition to carbon, hydrogen and oxygen to make protein.
3. bacteria in the soil can convert atmospheric nitrogen into soluble compound
4. Cuscuta is an example of type of plant.

Worksheet 2

Question 1

1. Thermal energy flows between objects due to difference in _____
2. When a liquid is heated it _____
3. Convection current gives rise to _____
4. Dark colours are good _____ of heat.
5. The degree of hotness or coldness in a substance is called _____
6. _____ is a conductor of heat.
7. The thermos flask is made up of double walled glass vessels because glass is a _____
8. In solids transfer of heat can take place by _____
9. Mercury is a liquid metal in _____
10. The form of energy that flows from hot object to a cold object is called _____
11. The boiling point of water in the Celsius scale is _____
12. The transfer of energy between object that are in physical contact is by _____
13. The _____ in a clinical thermometer prevents backflow of the Mercury into the bulb
14. The handle of cooking utensils are made of material that are _____

15. The vacuum in a thermos flask reduces the heat loss due to _____

Question 2

A marble tile would feel cold as compared to a wooden tile on a winter morning, because the marble tile

- (a) is a better conductor of heat than the wooden tile.
- (b) is polished while wooden tile is not polished.
- (c) reflects more heat than wooden tile.
- (d) is a poor conductor of heat than the wooden tile

Question 3

X and Y measured their body temperature. X found its to be 98.6°F and Y recorded 37°C . Which of the following statement is true?

- (a) X has a higher body temperature than Y.
- (b) X has a lower body temperature than Y.
- (c) Both have normal body temperature.
- (d) Both are suffering from fever.

Question 4

Identify which one are good conductor and poor conductors of heat

- (a) Water
- (b) Copper
- (c) Air
- (d) Plastic
- (e) wood

Worksheet 3

Q1. List two main effects of heat.

Q2. Define Temperature.

Q3. What do you understand by upper fixed point and lower fixed point?

Q4. Why is mercury and not water used in thermometers?

Q5. Name the scales used to measure temperature.

Q6. Give reasons for the following

i) Table mats are made from cane or plastics.

ii) Ventilators are situated close to the ceiling.

iii) Handles of bikes and scooters are covered with rubber.

iv) We cannot use laboratory thermometer to measure our body temperature.

v) We prefer to wear white clothes in summer

vi) Heating coils of a room heater have a shiny curved metal surface.

Q7. When you keep an ice cube on your palm, it melts slowly. From where does the flow of heat takes place?

Q8. Distinguish between:

i) Conduction and Convection

ii) Conductors and Insulators

SUBJECT: SOCIAL SCIENCE

WORKSHEET (TO BE DONE IN NOTEBOOK)

Q I) Fill in the blanks.

- I. Generally the warm ocean currents originate near _____.
- II. The ocean bodies and the seas contain _____water.
- III. The average salinity of the oceans is ___parts per thousand.
- IV. _____salt is mostly dissolved in ocean and sea water.
- V. _____are formed when winds scrape across the ocean surface.
- VI. In _____Sultan Iltutmish's daughter, _____, became Sultan.
- VII. Delhi first became the capital of a kingdom under the _____.
- VIII. Kakatiya dynasty of Warangal is a part of modern _____.
- IX. Delhi became an important city only in the_____century.
- X. Mughal emperor Humayun was defeated by _____.

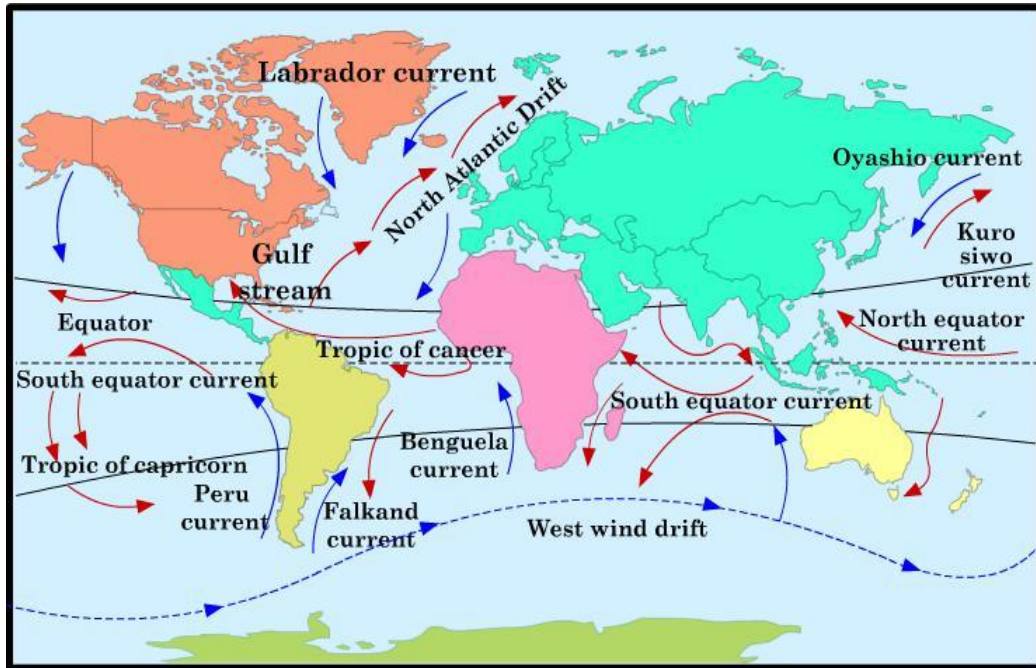
Q II) True/False

- I. When air is heated, it expands, becomes lighter and goes up.
- II. Three-fourth of the earth surface is covered by water.
- III. The low tides also help in fishing.
- IV. High tides help in navigation.
- V. Coins minted in Delhi, called dehlial.
- VI. Raziyya is from the Rajput dynasty.
- VII. Kharaj was a tax on cultivation.
- VIII. Ibn Battuta, a fourteenth-century traveller was from Morocco, Africa.
- IX. Alauddin used a "token" currency, somewhat like present-day paper currency.

iii) Short Answer Type

- I. Give some water borne diseases.
- II. What do you mean by public health?
- III. Who runs public health care system?
- IV. In what kind of hospital patients see long queues?
- V. What does RMPs stand for?

IV) Look at the map and recognize and list out 5 Warm and 5 Cold Water Currents.



ACTIVITY: 1 -FLOWCHART (COLORFUL A4 SHEET)

Draw a Flowchart for the following two dynasties and write five lines about any one rules of each of the dynasties.

- Sayyid Dynasty
- Lodi Dynasty

ACTIVITY: 2 -COMPARATIVE STUDIES

Present a comparison and contrast between the health facilities available in public and private sector with the help of diagrams, pictures. (NOTEBOOK)

2. Social Public Services like "Swachh Bharat Abhiyan". Students will make posters, paintings or design logo on A4 size sheet.

ACTIVITY: 3- SIGNIFICANCE OF TREES AS A NATURAL RESOURCE (COLORFUL A4 SHEET)

Looking into the present scenario of COVID-19 there is shortage of oxygen supply and people are paying even to breath. Prepare a Report on the same covering Importance of Trees and Natural Vegetation as an important Natural Resource.

SUBJECT: COMPUTER WORKSHEETS

Choose the correct option

1. A _____ is a list of drop-down options or items.
 - a) Menu
 - b) Tab
 - c) Color
2. The horizontal lines in MS Excel are called the _____.
 - a) Rows
 - b) Columns
 - c) Cell
3. The vertical lines in MS Excel are called the _____.
 - a) Rows
 - b) Columns
 - c) Cell
4. The point where a row and a column meet is called a _____.
 - a) Rows
 - b) Columns
 - c) Cell
5. Which of these is NOT a correct cell name or identifier?
 - a) A3
 - b) L5
 - c) 5J



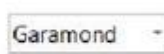








Answer the following questions.

6. Numbers down the left side of the worksheet are identified as _____, while letters at the top of the worksheet are identified as _____.
7. An active cell is identified by three ways. List THREE ways.

Microsoft Word Icons

Name: _____ Grade: _____ Section: _____

Draw a line and match the correct icon with their label.

- | | |
|--------------|---|
| 1. Save |  |
| 2. Undo |  |
| 3. Repeat |  |
| 4. Paste |  |
| 5. Copy |  |
| 6. Cut |  |
| 7. Bold |  |
| 8. Italic |  |
| 9. Underline |  |
| 10. Font |  |
| 11. Size |  |

Activity 1: Children, you are now familiar with regular classes very well. You must have noticed some positive and negative points while attending classes in school. **Design School Rules & Classroom Rules** for attending **Classes** to make the optimum utilization of your time and energy. You can use **MS Word** for designing purpose or any other poster designing app.

SUBJECT: SANSKRIT

(Do the homework for the selected 3rd Language only)

1. फलों के पांच नाम संस्कृत में लिखिए।
2. फूलों के पांच नाम संस्कृत में लिखिए।
3. शरीर के दस अंगों के नाम संस्कृत में लिखिए।
4. पांच पक्षियों के नाम संस्कृत में लिखिए।
5. दस पशुओं के नाम संस्कृत में लिखिए।
6. पाँच रंगों के नाम संस्कृत में लिखिए।
7. दैनिक जीवन में उपयोग होने वाली दस वस्तुओं के नाम लिखिए।
8. धातु रूप लिखिए-
लिख्, (लटलकार, लृटलकार,) में लिखिए।
9. शब्द रूप लिखिए-
राम (पुल्लिंग), नदी (स्त्रीलिंग) फल (नपुंसकलिंग)
10. संस्कृत में 1-50 तक गिनतियां लिखिए।
11. अपने घर के 10 सदस्यों के नाम संस्कृत में लिखिए।

क्रियाकलाप (Activities):-

प्रथम क्रियाकलाप- संस्कृत वर्णमाला का एक रंगीन पुष्प बनाकर अपनी अभ्यास पुस्तिका में लगाए।

द्वितीय क्रियाकलाप- पठ् धातु के रूप पांचों लकारों के विभिन्न एवं रंगीन ज्यामितीय आकृतियों पर लिख कर अपनी अभ्यास पुस्तिका में लगाए।

Explore the links given below:-

- Link for Story Books Reading-

<https://storyweaver.org.in/stories>

www.freekidsbooks.org

<https://youtu.be/HZ3whQGvnuA>

- Link for exploring Mother Nature-

<https://bit.ly/2HENbHJ>

<https://youtu.be/V0IQ3ljil40>

- Link for Life Skills-

<https://youtu.be/Dg7e4Mh6oVU>

<https://youtu.be/qjlgCxRWIN8>

DANCE

Write information about HASTA MUDRAS
(hand gestures) according to
natya shastra in
KATHAK dance.



MUSIC

Have to learn this and prepare video and send it to the class teacher.

1. Guru Vandana
2. Sare tirath dham aapke charno mein
3. Hanuman chalisa

ART & CRAFT

Make a Home showpiece with the use of Newspaper.



Notes:-

- * *Holiday Homework needs to be done in neat handwriting.*
- * *Activities should be presented beautifully with excellent creativity.*
- * *Holiday Homework is mandatory to be done by all the students within the stipulated time.*
- * *Students who won't be able to take out the print out of the Holiday Homework can do it in the notebook only by mentioning the question no. and writing the answers.*
- * *Holiday Homework will be evaluated in overall result.*

HAPPY HOLIDAYS!!!